

Flexibility, Listening and Praise

With Cynthia Wiggin

Flexibility

Ask yourself:

Is doing _____ the most important thing right now?

Is my student open to learning?

Is it particularly windy, hot or cold?

Does my student look well rested?

Is my student hungry?

Has my student had a bad day?

BLESSED
are the
FLEXIBLE
FOR
THEY SHALL
NOT BE
BENT
OUT OF
SHAPE

Listening

Taking our time to really listen to someone is one of the kindest and selfless things you can do.

Example:

A friend tells you that they need to replace their roof due to a rain leak and they lament the expense and the noise.

You respond with:

- A. I love the sound of rain on our roof, we have a tin roof so it sounds so pretty.
- B. Ugh, I'm sorry you have to get your roof replaced, it can be expensive and loud.
You're welcome to leave your pets with me when you get it done.

Good listening validates and motivates!

Praise

Genuine
Positive

Immediate
Specific

From [Praise Like a Pro](#) (free download) at
The Center for Supportive Relationships

Visit supportiverelationships.org, click on
“Education”

I can
live
for two
months
on a good
compliment.

Mark Twain
