

# HEALTHY CITIES TUTORING

Reach a child. Touch a family. Build a community.

Tutor News

September 2019

## Welcome Back!

We hope you had a wonderful summer full of fun and relaxation. That you had time to enjoy with family and friends, hiking, eating s'mores, not having a schedule, and playing in the water.

Fall is a time when we say THANK YOU for working with us for another year and WELCOME BACK to a regular routine and reconnecting with your student. To help in that endeavor, Kelsey Sennett, one of our tutors, will be hosting a Healthy Cities Tutor Fun Day on September 22nd. She has planned an afternoon full of games, activities, a trivia contest, and popsicles. See below for more details and watch your email for an invite.

*"One of the great ironies of life is this: He or she who serves almost always benefits more than he or she who is served."*  
- Gordon Hinckle

We look forward to another year of being connected. Connected to you, our valuable tutors, you being connected with your student, and all of us connected in building our community.

Your Healthy Cities Tutoring Team

Karen, Cris, Cynthia, Emily, JR, Raquel, and Saskia

## Tutor Fun Day! September 22, 2:00pm-3:30pm

Do you want to get to know your student or tutor outside of a classroom setting? Want to spend time together playing games and having fun? Then drop-in on **Sunday, September 22, between 2:00pm-3:30pm at the White Oaks School Multi-Use Room (1901 White Oak Way, San Carlos)** for an afternoon of games, activities, and fun to catch up with your student! The day will include face painting, minute-to-win-it games, and a fun snack! We hope to see you and your student there! All are welcome - tutors, students, their families, and tutor/student pairs!

Questions? Please contact [Cynthia Wiggan](#)

Can't attend, please visit [Tutor Corner on our website](#) for fun games and tips to help you reconnect with your student.

## Cheers for Charity: Friday, September 27th!

Join us at Devil's Canyon Brewery for this kid-friendly event on **Friday, September 27 from 5pm** on. It will be an evening of live

## School Holidays & Conferences - No Tutoring

September 5-6 - Conferences at Connect, school dismissal at 12:30pm

October 2-8 - Parent teacher conferences for Arundel, Brittan Acres, Heather and White Oaks, minimum days

October 2-4 & 7-8 - Conference week at Central Middle School

October 14 - No school for all, except San Carlos Charter

November 1 - No school at San Carlos Charter

November 11 - No school for all - Veterans' Day

November 25-26 - Conference Days at Redwood City School District

November 27-29 - No school for Redwood City School District

November 25-29 - No school for San Carlos School District, San Carlos Charter and Connect

## Tutor Training on October 16 and November 7

Our annual training and orientation sessions for new volunteers are coming up! If you are new to our program or haven't attended a fall training session in the past, we strongly advise you to attend one of these sessions. If you have friends thinking about tutoring, please send them too.

Pick one of our three sessions to attend. No RSVP needed:

- **Wednesday, October 16, 8:30-10:30am OR 6:30-8:30pm** at White Oaks School, [1901 White Oak Way, San Carlos](#) in the Multi-Use Room.
- **Thursday, November 7th, 6:30-8:00pm** in the library at Clifford School, [225 Clifford Avenue, Redwood City](#).

We have students on our waiting lists at every school hoping to be placed with a tutor. Please take a moment and consider if any of your friends, children (8th-12th graders), colleagues, neighbors, and/or family members might be interested in joining Healthy Cities Tutoring and let them know about our training sessions. Volunteers from ages 14-99 can tutor and make a difference in a child's life. We welcome your help spreading the word!

## Volunteering Gives You More Time

Wharton professor Cassie Mogilner wrote in the Harvard Business Review that her research found those who volunteer their time feel like they have more of it.



music, food trucks, and great conversation. A portion of the proceeds will be donated to Healthy Cities Tutoring. Bring your family & friends. Questions? Please contact [Cris Adair](#).

Said Mogliner: "The results show that giving your time to others can make you feel more 'time affluent' and less time-constrained than wasting your time, spending it on yourself, or even getting a windfall of free time."

[5 Surprising Benefits Of Volunteering](#) by Mark Horoszowski, Next Avenue Contributor

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**Our Contact Information**

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